

RESOLUTION NO. 2018-091

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF ELK GROVE
AUTHORIZING THE CITY MANAGER TO EXECUTE A ONE YEAR CONTRACT
WITH WARRIORZ HEALTH AND FITNESS FOR A HEALTH AND WELLNESS
PROGRAM IN AN AMOUNT NOT-TO-EXCEED \$88,000**

WHEREAS, the City Council recognizes the need to reduce the cost of injuries and Workers' Compensation claim costs; and

WHEREAS, the key component to reducing the cost of injuries and Workers' Compensation costs is by continuing to provide strength and endurance training; and

WHEREAS, the City of Elk Grove wishes to continue a health and fitness program for City employees, including law enforcement personnel.

NOW, THEREFORE, BE IT RESOLVED that the City Council of the City of Elk Grove hereby authorizes the City Manager to execute a one year contract with WarriorZ Health and Fitness for a health and wellness program not-to-exceed \$88,000, with one optional two-year extension, all subject to approval as to form of the contract by the City Attorney.

PASSED AND ADOPTED by the City Council of the City of Elk Grove this 9th day of May 2018.



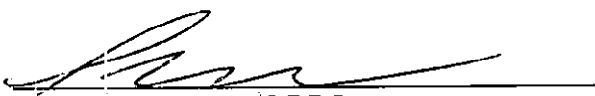
STEVE LY, MAYOR of the
CITY OF ELK GROVE

ATTEST:

APPROVED AS TO FORM:



JASON LINDGREN, CITY CLERK



JONATHAN P. HOBBS,
CITY ATTORNEY

CERTIFICATION
ELK GROVE CITY COUNCIL RESOLUTION NO. 2018-091

STATE OF CALIFORNIA)
COUNTY OF SACRAMENTO) ss
CITY OF ELK GROVE)


I, Jason Lindgren, City Clerk of the City of Elk Grove, California, do hereby certify that the foregoing resolution was duly introduced, approved, and adopted by the City Council of the City of Elk Grove at a regular meeting of said Council held on May 9, 2018 by the following vote:

AYES: **COUNCILMEMBERS:** *Ly, Suen, Detrick, Hume, Nguyen*

NOES: **COUNCILMEMBERS:** *None*

ABSTAIN: **COUNCILMEMBERS:** *None*

ABSENT: **COUNCILMEMBERS:** *None*



Jason Lindgren, City Clerk
City of Elk Grove, California